

MOTION

Submitted to the Recovery Dharma Global Board

*Lisette L., Neurospicy and Neuromarginalized, Member, Daily Non-Dukkha Sangha |
May 9, 2026*

RE: Request for Timely Response to Previously Submitted Motions on Inclusive Literature and Practice

Background

Previous motions, submitted by Karen K., were brought before the Recovery Dharma Global Board requesting an evaluation of whether Recovery Dharma literature — including guided meditations and other published materials — could be improved to reduce ableist language and framing, and to better serve members living in marginalized bodies and minds, across the full range of human cognitive, sensory, physical, and health experience.

To date, no formal response has been received.

Motion

I move that the Recovery Dharma Global Board provide a written response within 30 days of this meeting to the previously submitted motions by Karen K. regarding inclusive literature and practice.

This response should confirm whether the Board will undertake — or assign a working group to undertake — a review of Recovery Dharma literature with the following scope:

- Identifying language or assumptions that may inadvertently exclude or marginalize members with neurodiverse profiles, including but not limited to the dimensions of sensory processing, mental health, or trauma
- Identifying language or assumptions that may inadvertently exclude or marginalize members living with chronic illness or chronic health conditions
- Identifying language or assumptions that may inadvertently exclude or marginalize members with physical and cognitive disability
- Evaluating whether revisions to existing materials, or the development of supplemental resources, could make Recovery Dharma's literature, meditations, and practices more accessible and affirming across this full range of members

Rationale

Recovery Dharma's core commitment is to offer a path of liberation that is accessible to all. Members living in marginalized bodies and minds — whether shaped by neurodivergence, chronic illness, or disability — are a meaningful part of our communities. The language and structure of our literature and meditations shapes whether they feel seen, welcomed, and supported in their recovery. A timely response to these motions honors both the members who raised this concern and the integrity of our inclusive mission.

Respectfully submitted,

Lisette L.

Neurospicy and Neuromarginalized, Member of the Daily Non-Dukkha Sangha